

# TWIN DRAGONS MARTIAL ARTS CLASS SCHEDULE

1270 Avenida Acaso Unit G

CAMARILLO, CA 93012

(805) 504-4710

Time:	Monday	Tuesday	Wednesday	Thursday	Friday	Sat / Sun
<b>8:00 AM</b>						V  Call 805-216-9834 Friday night for this weekend's schedule!!!  V
<b>9:00 AM</b>						
<b>10:00 AM</b>						
<b>11:00 AM</b>						
<b>12:00 PM</b>	<i>Muay Thai, Hapkido, Taekwondo, and combinations)</i> Please call for an appointment. 805-504-4710 or 805-216-9834					
<b>1:00 PM</b>						
<b>2:00 PM</b>						
<b>3:00 PM</b>						
<b>4:15 PM</b>	Beginning Traditional Hkd/Tkd	Int/Adv Traditional Hkd/Tkd	Beginning Traditional Hkd/Tkd	Int/Adv Traditional Hkd/Tkd	Sparring Contact Kick Boxing 12 & Under	
<b>5:20 PM</b>	Int/Adv Traditional Hkd/Tkd	Youth-jitsu Jiujitsu for 12 & under	Int/Adv Traditional Hkd/Tkd	Beginning Traditional Hkd/Tkd	Adult Sparring Contact Kick Boxing	
<b>6:30 PM</b>	Jiujitsu Recommended for 12 & Older	12 & Up Traditional Hkd/Tkd	Jiujitsu Recommended for 12 & Older	12 & Up Traditional Hkd/Tkd		
	BootCamp-Style Conditioning for 12 & Older	BootCamp-Style Conditioning for 12 & Older	BootCamp-Style Conditioning for 12 & Older	BootCamp-Style Conditioning for 12 & Older		